

Quarterly Newsletter May 202



#### Easter

Easter is a time to reflect, rejuvenate, and renew. In this month's newsletter The Reverend Taylor challenges us to think about resisting the urge to return to normal after this period of renewal. He talks about transformation and provides ways for us to be transformed by God. During Easter we are not only transformed by the things we give up but also by what we renew, discover, and receive. For example, the mother of a newly baptized child shares her wish to rejuvenate her spiritual health and provide a spiritual foundation for her daughter. The Flower Ministry shares how they transformed "the old rugged cross" by using flowers to symbolize rebirth and Spring.

Saint Ambrose Episcopal Church

813 Darby Street

Raleigh NC, 27610

919-833-8055

# THE BEEHIVE



Quarterly Newsletter

THE BUZZ WORD by The Reverend Jemonde Taylor

On Easter Sunday I preached "From Weeping to Waiting" recounting how Mary Magdalene weeps when she does not find Jesus in the tomb in John 20:11. Mary's weeping shows her disappointment and distraught over someone "stealing" Jesus' body. Her weeping ceases only when the Risen Jesus calls her name, "Mary!" In her excitement and enthusiasm, Mary tries to hold on to Jesus. However, Jesus says, "Do not hold on to me, because I have not yet ascended to the Father." Jesus tells her to wait. By clinging to Jesus, Mary thinks Jesus comes from the tomb ready to pick up where he left off. She wants life to "return to normal."

The 50 days of Easter can be a time of returning to normal. We may now indulge what we gave up for Lent: sweets, beverages, and social media like Facebook. Life resumes as it was before Lent. A challenge for Christians is resisting the "return to normal" tendencies. The disciples' lives changed after Jesus' resurrection. Jesus ascends to God to give the Holy Spirit to his followers. This same Holy Spirit who raised Jesus from the dead is the same Spirit who enlivens and empowers his disciples. Life could not return to normal because God was breathing new breath into the disciples' lives.

How can we as a parish resist the temptation to "return to normal?" The Anglican monk, H. A. Williams, wrote a book called <u>True Resurrection</u>. The congregation studied this book during the weekly evening Faith Formation Wednesday classes two years ago in Easter. Brother Williams believes Christians can experience resurrection now: in our bodies, minds, and spirits; in our communities; and in our churches. Perhaps the Holy Spirit is breathing new life into Saint Ambrose in these ways: Go Speak Faith Sharing gathering in parishioners homes on May 21; the New Visions Regional Black Congregations conference on May 29; Fitness Sunday in Pullen Park on May 31; Youth Sunday on June 7; Vacation Bible School, July 5; or worship on Topsail Beach at Chestnut Chapel on July 11. These are opportunities for the congregation to experience resurrection: new ways to encounter God.



The summer offers the opportunity for transformation by God.

- Try praying an entire Psalm or its portion out loud daily as an offering to God.
- Pray for a different family in the Saint Ambrose Directory daily.
- Read one or more books of the Bible this summer.
- Give thanks to God for creation by being outside in nature.
- Tell someone how God made a difference in your life over the past year.
- Be open, allowing the Holy Spirit to move in your lives this summer.

#### A NOTE FROM THE VESTRY by Senior Warden, Jackie Reid

1 Peter 4:10 ESV: As each has received a gift, we use it to serve one another, as good stewards of God's varied grace.

The members of the Vestry are here to serve God, connect, and support our church and serve our communities. In an effort to achieve the preceding, we have decided to work on the following goals for 2015-2016:

- Senior Ministry
- ♦ Behavioral Health Ministry
- Mentoring

- Continue the Outreach Ministries
- Work towards better communication
- Check on the wellbeing of parishioners through greeting and calling

As a reminder, Vestry meetings are open to members of our parish and all views are welcome. Continue to pray for us that we may grow spiritually.



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### MEMBER SPOTLIGHT



This month we chose to spotlight Natasha Mack and her newly Baptized daughter Solana Blue. Natasha grew up in Lexington, NC, attended Duke University and received her graduate degree from the University of Arizona in Tucson. She has been attending Saint Ambrose since September 2014. Let's find out a little more about Natasha and Solana!

#### What brought you to St Ambrose?

I came to St Ambrose because I was seeking help with providing my daughter, Solana, with a spiritual foundation for her life. She is now 3 years old, and I felt I was doing her a disservice by denying her this opportunity that I was privileged to have as a child myself. I also was hoping to attend to my own spiritual health, which I had been neglecting for a long while.

#### What do you like about St Ambrose?

There is much to like! I really enjoy the Jazz Mass, the applicability of the sermons to my life, and the warmth of the congregation.

#### What did it mean to you to have Solana's baptism on Easter Sunday?

It felt especially joyous, given the symbolism of the day. I especially appreciated the hugs from members of the congregation afterwards. It truly felt like Solana had been welcomed into a new family.

#### Tell us a little bit about vourself. Interesting hobbies? Talents? Career? Interest?

I am very interested in health and exercise and I love to take walks in the woods with Solana and our German shepherd, Zorro. I also do a bit of gardening and writing as time allows, though there isn't much of that with a 3-year old! I have a PhD in linguistic and cultural anthropology, and I did my dissertation research in the French Caribbean island of Martinique, where I lived for 2.5 years working on women's issues. Now I work in medical anthropology doing HIV prevention and other public health research. Before I had Solana I used to travel all over Africa for my job, but now I am here in Raleigh full-time. I guess because of my international experiences I love to read international fiction, especially authors from Africa, Latin America, and Europe.

#### What are Solana's favorite activities?

Solana Blue is a spirited, passionate little thing who definitely knows her mind and has a real aesthetic sensibility. She loves painting on her easel, as well as coloring and doing anything art-related. She also enjoys reading books, particularly stories about Jesus and princesses. This Spring she has been helping me plant seeds and flowers in the garden, though I believe she has picked more flowers than have stayed on the plants.

#### Are there ministries/groups you would like to know more about?

Yes, but I am not really sure what they all are! I would be especially interested in becoming involved in any community outreach that I might be able to do with Solana in tow.

Would you like to nominate someone for the Member Spotlight?

Email us! communications@stambroseraleigh.org

Please include contact information for the nominee

# THE BEEHIVE



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### THE FLOWER MINISTRY

### **Spreading God's Grace and Beauty with the Gift of Flowers**

It's the Saturday before Easter. The altar is bare, crucifixes are covered. Saint Ambrose's sanctuary is dark and silent in remembrance that Christ died on Good Friday for our sins. However in the parish hall, members of the **Flower Ministry** are prayerful, joyful and hard at work. Easter is just hours away and the **Flower Ministry** is carrying out its duty to ready the parish to celebrate that *The Redeemer died for us so that we will have everlasting life*.

Year after year this same process is repeated. And once again, the **Flower Ministry** offers its thanks to many individuals and

families who gave generously to visually transition Saint Ambrose from somber to an oasis of floral beauty for **Resurrection Sunday!** 

If **YOU** were not with the church family, you missed a visual and nasal treat! A kalei-doscopic of flowers at the entry to the church, the altar, the lectern, in every window of the sanctuary, and even down the hall to our church offices. The focal floral display, of course, was the "old rugged cross" transformed by flowers to symbolize rebirth and Spring. What a vision and reminder of God's eternal love.

As is the **Flower Ministry's** tradition, after the 11:15 AM service, the Ministry shared God's beauty – flowers from around the church –with members of Saint Ambrose who are sick, beavered, or homebound. These "visits" are an important part of Saint Ambrose's outreach that keeps our members connected to the church.

Thanks again Saint Ambrose for your Easter gifts, but **PLEASE** don't forget that Easter is not the only time you may sponsor altar flowers. **The Flower Ministry** invites members and friends to sponsor altar flowers anytime of the year as a beautiful way to honor loved ones, mark a special event such as a baptism, confirmation, wedding anniversary, memorialize a love one or to give thanks for God's many blessings. To



sponsor flowers on a particular Sunday, complete a form located by the Rector's Office and leave it with your contribution in the **Flower Ministry Box**. Your contribution will be acknowledge in the Sunday bulletin. We suggest a gift of \$40.

Lastly the **Flower Ministry** asks you to consider joining this special ministry. No experience in floral arranging is necessary, just a desire to serve. New members are always paired with more experienced Flower Ministry members so that you learn St. Ambrose Flower Ministry traditions. Each ministry member is also expected to help with floral arranging about every 6-8 weeks and attend Ministry meets every other month. We also need drivers willing to deliver altar flowers to St. Ambrose members who are homebound, hospitalized, or bereaved following the last Sunday service. And if you cannot commit fulltime consider joining us during Christmas, Easter and Pentecost when many hands are need to ready the sanctuary for worship. Serving on this ministry is a wonderful way to fellowship with other members of St. Ambrose and be reminded with the pruning of each flower of God's love.

For more information about the Flower Ministry contact the parish office (919) 833-8099 or send an email to our Parish Administrator Krysta Morgan <a href="mailto:kmorgan@stambroseraleigh.org">kmorgan@stambroseraleigh.org</a>



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### **DANCE MINISTRY**

If you've had the opportunity to witness the seamless movements by the young ladies in our Dance Ministry, then you know what a blessing they are to the church. This month we talk to Ashley Winters about the history and future of this ministry.

The Dance Ministry was started by the voice of the youth, who expressed the wanted and need to dance as a way to grow their spiritual connection with God and allow them the ability to express their spiritual connection in a unique way. All high school students are invited to join the Dance Ministry, and no dance experience is needed to join; just the ability to express your spirit!

The mission of the Dance Ministry is to lead the people of God into a spiritual connection with God through expressions of dance that exemplify our reverence for the Holy Spirit. They desire to create an atmosphere where they can inspire others to worship God. The dance ministry is growing in so many different areas, from natural talent, to a deeper understanding of spiritual songs, to a stronger spiritual formation. "I am so proud of the three young ladies, Cypriane Jacobs, Elizabeth Hardy and E'rielle Baker, who are working so hard to build a strong spiritual ministry" says Ashely.

The Dance Ministry is currently preparing for its last offering before the summer break on June 7<sup>th</sup>, 2015, Youth Day! They plan to practice every Saturday in May excluding May 23<sup>rd</sup>, from 1:00pm to 3:00pm.

Psalm  $149^{3}$  Let them praise his Name in the dance; let them sing praise to him with timbrel and harp.



For more information about the Dance Ministry contact Ashley Winters

St. Ambrose—919-833-8055

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### THE EPISCOPAL CHURCHWOMEN

#### THE EPISCOPAL CHURCHWOMEN (ECW)

The ECW are very active in the church and quite creative! From their well kept bulletin boards, to their fun activities, this group of women stays busy. One of their most recent projects involved creating alter kneelers using needlepoint. Valerie Young updates us the project!

Saint Ambrose Episcopal Churchwomen (ECW) are in the process of making a VERY LARGE beautification project for our church; needlepoint altar kneelers for our twenty-five feet kneelers. They will be custom designs for Saint Ambrose. When completed, there will be seven needlepoint cushions on the altar for more beautiful and comfortable kneeling.



Instructor, Ann White Sauls

A small number of ladies of the church and a non-member are currently learning or refreshing their memories in the art of needlepoint. This is an expensive, multi-year project. In a few months, the hand painted canvas will need to be purchased along with the yarn. After the handwork is finished, foam and fabric will be needed to make the cushions. An upholsterer will then be hired to complete the project.

The ECW ask your support in all future fund raisers. We will be happy to accept your donations at anytime! Most importantly, at all times, we request your prayers in support of this project.

For more information about the project contact Valerie Young, Margaret Hunt, or Gloria Merritt.



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### THE EPISCOPAL CHURCHWOMEN





#### **WOMEN'S WEEKEND 2015**

St. Ambrose Episcopal Church Women (ECW) celebrated Women's Weekend on Saturday, May 3rd and Sunday, May 4th with activities that included a health forum, stretching and yoga exercises.

Saturday's activities focused on women's health and included healthy snacks and a light lunch. The health professionals who presented during the forum captured the essence of the theme "Renew, Rejuvenate, Revitalize -- the Mind, Body and Spirit" and provided helpful information about the importance of living healthier lives by becoming stronger advocates for ourselves and our families.

The health professionals presenting for the day included: Dr. Phyllis Leppert, Dr. Tiffany Flanagan, Dr. Pat Tatum, Dr. Cheryl Branker and Dr. LaVie Ellison.

Sunday, May 4th, culminated the activities with guest minister Dr. Paula Sawyer who preached at the 10:00 a.m. service from the book of Esther. It was a powerful story about Queen Esther, a woman who was devoted to serving God. She delivered a powerful message to the congregation encouraging us to focus on our relationship with God and serving Him through our individual lives and ministries.

Father Taylor was the celebrant for the occasion and music was provided by Ruth Hoffman, Bobby Moody with the Jazz Ensemble and Patrice Hardy.

The morning service was followed by a reception hosted by ECW. During this time of fellowship, parishioners had an opportunity to meet and greet Dr. Sawyer, who is no stranger to St. Ambrose. She has many long-time friends and acquaintances at St. Ambrose and there were warm exchanges, laughter and smiles shared during the reception. The Episcopal Church Women of St. Ambrose wishes to thank everyone who made Women's Weekend possible.



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### THE JAZZ MASS QUINTET

April and May have been exciting for your JMQ. First, I want to announce that we are no longer the Jazz Mass Quartet, but are now again the Jazz Mass Quintet for our shows outside of St. Ambrose, and the JMQ+1 to reflect our work with Patrice Hardy on vocals for the Sunday morning services. With the committed addition of Noah Sager on keyboards, we have to acknowledge him as part of the group as well as Patrice. We cannot do what we do without them.

On April 12, 2015, the JMQ took our ministry to White Rock Baptist Church in Durham, NC as part of their Jazz Vesper series. This was extra exciting as 4 of the 5 members of the JMQ are Durhamites. Lou is from Indianapolis, IN. We performed for a crowd for about 125, including old friends and teachers and well represented our church on this performance. We hope to do another in 2016.

And speaking of 2016, it is official now. As the result of lots of work by Bobby and Ms. Fortunata Jefferson from New Orleans, Canon Annette L. Buchanan, National President, Union of Black Episcopalians confirmed that your JMQ, Jahneen Otis, music director of music at St. Marks in the Bowery, and composer/ music director and world renowned musician Carl Maultsby, will be the music leaders for the 2016 UBE National Conference. This will be held in New Orleans in late July. Our hope here is that by then we have a UBE Triangle Chapter with representation to accompany us. This is a huge honor and we look forward to representing our great church and diocese on this national stage. We will keep you updated on the location and other details. Bobby will be attending the 2015 UBE conference at the Conference Center at the Maritime Institute in Linthicum Heights, Maryland from July 26-29 to review their conference and attend planning meetings for the 2016 conference. Shortly after that, Bobby and Lou will begin coordinating with the others on the music staff on the music outline for 2016. Location and official dates will be known following this years ence.

Thanks brothers and sisters for your continued support your JMQ. Please put December 3, 2015 on your calendars now the 14th Annual Advent Evening of Jazz.



### THE JMQ

Bobby Moody-Director, Saxophones, vocals, percussion

Lou Padro-Guitars, arranger
Stephen Coffman-Drums. percussion, vibes
Noah Sager-Keyboards
Ben Palmer, Basses, strings
Patrice Hardy-Vocals



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### **EVENTS & SHOUT OUTS**

GO SPEAK! Wednesday May 20 and Thursday, May 21, 2015

Please join Episcopalians from across the Diocese of North Carolina for an evening or day of small group storytelling. "This activity brings thoughtful insight into experience that have led us to the people we are today. Sharing and reflecting in a SHARING OUR FAITH group setting strengthens our Christian experience." Gwenn Chunn, Saint Ambrose





#### HARVEST FOR HOSPITALITY

May 21 is also a significant date because it lands during the final week of the Harvest for Hospitality campaign - the "go do" part of Bishop Curry's challenge. Over the meal they share, participants are encouraged to reflect on the farmworkers who put food on our tables. Please call 919-621-0565 to signup.

#### **NEW VISIONS INITIATIVE CONFERENCE**

On May 29-30, 2015, Saint Ambrose will host an orientation and training conference created to empower churches to help churches revitalize and rebuild their ministries. Thirteen historically African-American Episcopal churches have been invited to this conference to be formally introduced to the New Visions Initiative.

In 2009, the Rev. Canon Angela Ifill, Missioner for Black Ministries of the Episcopal Church, started the New Visions Initiative in response to the pain of the closing of black churches. The goal of New Visions is to partner congregations that are in need of support with stronger congregations for mentoring and ministry sharing. The stronger congregations are called Resourcing Congregations and the congregations that are interested in strengthening and revitalizing their ministries are called Transition Congregations.

Last Year, Father Taylor wrote to Bishops Curry and Hodges-Copple, expressing concern about the decline and closing of black churches in our diocese. Of the 14 black Episcopal churches in our diocese, all are missions, except three. Many do not have clergy and only have service 2-3 times per month. Father Taylor suggested to the Bishops that the New Visions Initiative be implemented in our diocese, and offered Saint Ambrose as a Resourcing Congregation.

Canon Ifill and several members of the New Visions team will be at the conference. The New Visions Initiative Committee is excited about the conference and learning more about how we can call on prayer and thanksgiving to faithfully be "our brother's keeper."

Larry Stroud, Sr., Co-Chair Karen Stroud, Co-Chair **New Visions Initiative Committee** 

# THE BEEHIVE



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### **SHOUT OUTS**

**SHOUT OUTS** are a way to acknowledge those who are doing extraordinary things within the church and the community.

#### In honor of our 2015 Graduates



#### Michaela Anderson

Michaela graduated from Meredith College on May 9th with a Bachelor of Arts degree in Environmental Sustainability and minors in Biology and Public Health. She plans to pursue a Master of Arts in Teaching with a concentration in elementary education. This is an outgrowth of her participation in the One Church One School ministry at Saint Ambrose.

#### Harold A. Mallette

Harold graduated from UNC-Charlotte on May 9, 2015, with a Masters in Architecture. In his program Harold had the opportunity to study architecture, design of buildings and homes in several U.S. cities as well as in Italy. He is the son of Andraedese and Harold Mallette. Harold A. Mallette was selected by his peers to be the speaker at their departmental graduation program. She is the daughter of Andraedese and Harold Mallette.

#### **Hershey A. Mallette**

Hershey will graduate on May 20, 2015 from The General Theological Seminary, NYC with a Master of Divinity degree. She was elected Chief Sacristan, the individual responsible for worship life in the chapel. Hershey is the first African American woman to hold this position in the 200 year history of the institution. During her studies, Hershey travelled to and lived in South Africa for a summer. Hershey is the 2015 recipient of the Bishop of Newark Preaching Prize. Winning this prize means that she will be the preacher at her commencement Eucharist.

#### **Alexis Yvonne Braithwaite**

Alexis Yvonne Braithwaite graduated summa cum laude from North Carolina A & T State University with a Bachelors degree in **Sports Science & Fitness** Management. She starts graduate school in the fall

of 2015 at Long Island University -Brooklyn to pursue her Masters Degree in Athletic Training.



### **Acknowledgements**



#### Mrs. Betty Camp

Saint Ambrose congratulates Mrs. Betty Camp who was honored by the Raleigh Chapter of The Links Incorporated at their 6th Annual Emerald Award Luncheon on April 25th for her leadership and advocacy to meet the needs of individuals with autism. Betty was one of the founding members of the Autism Society of North Caroli-

#### **Lindsey Johnson (not pictured)**

Congratulations to Lindsey Johnson who received the Roy Tollefson Award. This award is conferred on a student of high academic achievement in political science who has made the greatest contribution to the Department's academic and co-curricular programs.



#### E'rielle Baker

Saint Ambrose congratulates Miss E'rielle Baker, granddaughter of Jackie Reid who on March 13th in Augusta GA at the 33rd Annual Area IV Conference of Top Teens was crowned Miss Top Teen America. She was honored with this achievement for her outstanding efforts in fundraising for the Raleigh Chapter this past year.



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### COMMUNICATIONS MINISTRY

This issue provided stories and examples of renewal, rejuvenation, rejoicing, and reinvention. In general, communication is something that has to be nourished, renewed, and rejuvenated whether in the workplace or within our church walls. As a ministry, we are brainstorming and implementing ways to make communication more effective at Saint Ambrose. You may have noticed that we attempt to streamline the messages between our website, newsletter, and social media sites. For those that don't spend as much time online we place some of the same messages on church bulletin boards. There are several other areas of communication that need to be improved and in time and with your help, we will get there.

If we are to move forward as a parish, we must continue to renew and rejuvenate communication efforts. We can do this by embracing and supporting diverse people, opinions, and ideas. This includes new ways of communicating. As a ministry we support several means of communication. We strive to engage you through social media, the church website (stambroseraleigh.org), a quarterly newsletter, flyers, emails, and more.

Psalm 19:14 Let the words of my mouth, and the mediation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

I encourage you to reach out to the Communications Ministry and share stories, events, news, and acknowledgements. We look forward to hearing from you soon!

## Allison Williams

Communications Chair

#### What We Do

- \* Maintain the church website
- \* Promote events, announcements, and Good News via the website, Facebook, Instagram, Twitter
- \* Publish THE BEEHIVE
- \* Explore new ways to communicate

#### **Submit an Article**

If you would like to submit an article for the newsletter, Facebook, or Instagram please send a detailed email (may also include an image) to:

ommunications@stambroseraleigh.or

#### Where to Find Us

**Monthly Meeting:** The first Tuesday of each month from 5:30 –6:30

**Facebook:** St. Ambrose Episcopal

Church

Instagram: TheBrose1868
PINTEREST: TheBrose1868
Twitter: #TheBroseNC

### Thank you to everyone who submitted articles

Phyllis Gray, Karyn Thomas, Karen & Larry Stroud, Ashley Winters, Bobby Moody, Valerie Young, Natasha Mack, The Reverend Jemonde Taylor

# THE BEEHIVE



Quarterly Newsletter May 2

# **ANNOUNCEMENTS** New UBE Chapter to Start at Saint Ambrose "Set us free, O God, from every bond of prejudice and fear, that we may show forth in our lives the reconciling love and true freedom of God..." The Union of Black Episcopalians stands in the continuing tradition of more than 200 years of Black leadership in the Episcopal Church. Beginning with the establishment of St. Thomas Episcopal Church by Absalom Jones in 1794 in the city of Philadelphia through the election of Barbara Harris as Suffragan bishop of Massachusetts there has always been a strong corps of Black Christians in the Episcopal Church. People like James Holly, Henry Delany, John Walker, Tollie Caution, Charles Lawrence, Deborah Harmon Hines, and countless other. Organized in 1968 as the Union of Black Clergy and Laity, the Union is the proud inheritor of the work of these people and earlier organization, the Convocation of Colored Clergy, the Conference of Church Workers Among Colored People, all dedicated to the ministry of Blacks in the Episcopal Church. The name was changed to the Union of Black Episcopalians in 1971. The Union of Black Episcopalians is a confederation of more than 55 chapters and interest groups throughout the continental United States and the Caribbean. The Union also has members in Canada, Africa and Latin America. St Ambrose plans to start a chapter and would like to have you be a part of this organization. There will be an organization meeting soon. Contact Larry Stroud for more information.



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# THE BEEHIVE



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### **@SAINT AMBROSE**

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The Rev. Jemonde Taylor, Rector [jtaylor@stambroseraleigh.org]

The Rev. Nita Byrd, Assisting Clergy [ncbyrd@st-aug.edu]

#### **VESTRY WARDENS & TREASURER VESTRY MEMBERS**

Jackie Reid, Senior Warden Class of 2015—Peter Henderson, Deidra Hudson, George Jones, Bobby Moody Carl Harper, Junior Warden

Class of 2016—Jackie Reid, Larry Stroud, Phyllis Gray, Treasurer

Jada Bing, Carl Harper

STAFF Class of 2017—Harold Mallette, Phyllis Krysta Morgan, Parish Administrator Pickett, Allison Williams, Ashley Winters [kmorgan@stambroseraleigh.org]

Ruth Hoffman, Minister of Music

Bld./Grounds- Carl Harper

Altar Guild-Lillian B. Currin

Flower Ministry

Sabrina Clarke

Brandi Delany

**Head Usher** 

Phyllis Hilliard

Joseph Winters

LAY MINISTRY

Bobby Moody, Director of the Jazz Mass Quintet (JMQ)

#### LEADERS IN ST. AMBROSE

Acolytes Vestry Clerk—Brandi Delany Vanessa French-Harris Treasurer—Phyllis Gray Faye Bowen Finance Chair- Jada Bing Jesus Christ. Paul Flanagan Financial Secretary—Jada Bing Lay Eucharistic Ministry Christian Ed.—Patrice Hardy Gloria Merritt 10:00am Mass Vacation Bible School —Jackie Reid Hospitality Environmental Justice—Norm C. Camp, III Mellisa Smith Communications—Allison Williams Tamika Henderson 9:15am Jazz Mass Technology—Albert Cadogan **Absalom Jones Prayer Guild** 

> Enid D. Patterson Outreach- George Jones

Caregivers- Donna Haywood

ECW- Benita Merritt, Emily Cadogan

Episcopal Laymen—Orrin Haywood

**Episcopal Young Community** 

Tiffany and Paul Flanagan

Young Adult Ministry- Adonya Hood



### **WORSHIP WITH US**

St. Ambrose is a worshiping congregation in Southeast Raleigh committed to living the gospel of

### Sundays (June - August)

8:00am Contemplative Mass

### **Sundays (September – May)**

8:00am Contemplative Mass

10:15 am Sunday School 11:15am Choral Mass

**Mondays** 

Adult Bible Study 12:15pm

Wednesdays

Mid-Week Mass 12:15pm